

DAINTREE ECOLODGE

An Intrepid Company



7 RAINFOREST TO THE REEF DAYS



We are excited to share our tips on how to get the most from your 6-night stay in the oldest tropical lowland rainforest on Earth. Importantly, the schedule also sets aside time to relax, indulge the senses and enjoy the natural surrounds.

Arrive at Daintree Ecolodge and immerse yourself in the experience. In your new rainforest home you'll be perched in the canopy of the lush tropical greenery and surrounded by the fresh air and sounds of the rainforest.

The Daintree Ecolodge is a great base for exploring the UNESCO World Heritage-listed rainforest and Daintree National Park, that includes Mossman Gorge and Cape Tribulation. You're also under an hour from a neighbouring World Heritage Site - the Great Barrier Reef, so this suggested itinerary has all of the regional highlights covered.

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Suggested Itinerary



1 DAY CHECK IN & CHILL OUT

2pm onwards: Arrive at Daintree Ecolodge and ease into relax mode. After checking in, you can chill out at the swimming pool or take a dip in our divine on-site waterhole.

Why not pre-order an Indulgence Platter* in time for your arrival. Enjoy a selection of Australian cheese, charcuterie, antipasto, fruit, sweet treats and a bottle of premium Australian sparkling wine.

4-5pm: It's happy hour! Celebrate your first night in the rainforest & try our signature Daintree Defender* at the bar.

4-6pm: Enhance your experience with an in-house activity, like our Daintree Cocktails Master Class* or Indigenous Basket Weaving*.



2 DAY BREATHE IN THE RAINFOREST

6.30am – 7.30am: Join a morning yoga class* in a stunning setting at the Ecolodge.

7.30am – 10am: Your included a la carte breakfast is served, with a range of dishes and tropical ingredients. Plus enjoy tea, juice and coffee, just the way you like it.

10am – 11.45am: Take a guided Rainforest Walk.* Discover the Daintree Ecolodge's onsite waterfall on a leisurely stroll through the enchanting rainforest on 'A Walk Through Time.'

12-2pm: Julaymba Restaurant is open daily for a relaxing lagoon-side a la carte lunch*.

You can also order a Picnic Hamper* to enjoy lunch in a private spot on the property or take it with you when you go exploring (it's perfect for tomorrow's day trip to Cape Tribulation!). In the hamper you'll find a selection of Australian cheese, charcuterie, antipasto, prawns, wraps, fresh salad, seasonal fruit and soft drinks.

4pm – 6pm: A Sunset River Cruise* is a stunning way to end the day and the starting point is just 5 minutes from the Ecolodge. Cruise the Daintree River to see an amazing array of wildlife and maybe even crocodiles.

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3 DAY EXPLORE CAPE TRIBULATION

7.30am – 10am: Choose another delicious dish and cuppa for your included breakfast.

Cape Tribulation Day: Take the day to explore 'Cape Trib' at your leisure. If you've got a car, it's about a 45-minute drive from the Ecolodge. Some of the top viewing points include...

- Mount Alexandria Lookout – depending on the traffic, you can do this stop on the way north or on the way back
- Discovery Centre – take a leisurely stroll and see the rainforest at all levels. Its a great place to walk around the boardwalks and learn about the rainforest
- Jindalba Boardwalk – it's worth a stop for a short stroll, but the full boardwalk is still not completely open following the floors near the discovery centre
- Kulki Boardwalk – 10 minutes walk to look out for stunning views over the beach
- Dubuji Boardwalk – 1.2km circuit with signs explaining local plants and the ecosystem
- Madja Boardwalk – this 1.1km boardwalk through mangroves is one of our favourites

Local tour operators also offer sightseeing from pick-up points nearby and they can be booked at Daintree Ecolodge. Here are our tips for great local activities in the region...

- Rainforest Zipline Tour - you'll need to book in advance for this thrilling adventure
- Cape Trib Horse Rides - advance bookings are required
- Cape Trib Fruit Farm - you can taste the tropical delights, tours normally start at 2pm
- Ocean Safari Reef Cruise - advance bookings are required for the reef tour
- Daintree Ice Cream Company - try ice cream and sorbets made from tropical fruit that's organically grown onsite and native ingredients

Cape Tribulation beaches are beautiful and places like Thornton Beach and Myall Beach are lovely places to walk along, but swimming is not recommended due to salt water crocodiles in the water. Mason's Swimming Hole is a freshwater swimming spot where it's safe to cool off.

5:30pm onwards: Back at Daintree Ecolodge, indulge with a private Dining in the Rainforest* experience that's served on a pontoon on the edge of the lagoon. Enjoy a personalised 6-course degustation menu that features seasonal produce and native ingredients in the most intimate setting. This needs to be booked in advance.

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4 DAY EXPERIENCE CASSOWARY FALLS

7.30am – 10am: Another glorious start to the day with your included breakfast.

10.30am-12.30pm: Join a Cassowary Falls adventure tour*. It's one of the most popular activities that the Daintree Ecolodge team can book for you and includes an all-action ATV ride, crossing creeks and rivers with jaw dropping views. A highlight is swimming at the stunning Cassowary Falls, one of the few places it's safe to swim in the Daintree (no crocodiles here). You can also feed fish, eels and turtles on this fun local experience.

2pm: Hook-a-barra* at the local barramundi farm, just 10-minutes from the Ecolodge, or go fishing in the Daintree River with a local guide*.

4-5pm: Continue the holiday vibe at happy hour. Shout yourself cocktails crafted with native ingredients or celebrate your rainforest immersion with a glass of bubbles. The lodge bar is open from 10am daily.



5 DAY RELAX IN THE RAINFOREST

7.30am – 10am: Enjoy a relaxing day, starting with a leisurely a la carte breakfast.

10.30-11.30am: Take a self-guided walk. We have three trails to explore at your own pace. Baral Marrjanga, or the "Rainforest Trail", is an easy-moderate walk. The Intrepid Trail is rated moderate due to the steeper climb and the third trail is popular for the variety of trees.

Morning or afternoon: Join a Walkabout Cultural Adventure* to experience the cultural connection that Kuku Yalanji people have with their land on a full or half day tour.

1pm – 2pm: Book in a spa treatment* with Australian native botanical ingredients.

4-5pm: It's time for a pre-dinner cocktail during happy hour. You'll find our bar stocked with the usual favourites, along with special Daintree ingredients.

5.30pm onwards: Dinner is served at the acclaimed Julaymba Restaurant*. The à la carte dinner menu rotates over two days and showcases sustainable produce from the onsite vegetable gardens and surrounding farms.

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6 DAY DISCOVER THE GREAT BARRIER REEF

7.30am – 10am: Time to try something new on the breakfast menu or enjoy one of your favourite dishes again.

8am: Choose a Sailaway* Great Barrier Reef trip to explore another UNESCO World Heritage Site. The eco-friendly sailing experiences depart from Port Douglas and are guided by expert staff. There's the opportunity to go snorkelling to discover the amazing marine life and underwater world of the reef.

4.30pm-6pm: You can also opt for a Coral Sea Sunset Sailing with Sailaway*. Take in the ambient music, relaxed atmosphere and spectacular mountain views while enjoying a welcome drink and delicious canapés as you sail along the coast off Port Douglas.



7 DAY AMAZING MOSSMAN GORGE

7.30am – 10am: Wake to the sounds of the rainforest and enjoy one more delicious included breakfast at the Ecolodge.

10am: It's time to check out of your bayan this morning. We hope you've loved your treehouse experience.

Mossman Gorge: This stunning highlight is just a 30-minute drive from the Ecolodge and 20 minutes from Port Douglas.

Mossman Gorge Cultural Centre is an award-winning ecotourism facility located at the entrance to the World Heritage-listed Daintree Rainforest. The centre has a cafe and the you can visit the gallery that features local Indigenous art. Explore this stunning area at your leisure, take self-guided walks and enjoy the natural swimming hole. You can also book a great local tour, like the Dreamtime Walk* for a deeper appreciation of the Kuku Yalanji land and culture.

River Drift Snorkelling* is a unique adventure that offers an immersive outdoor experience, showcasing the diverse beauty of the Mossman River and its surrounding rainforest.

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DAINTREE ECOLODGE

THINGS TO DO

With our unique setting deep within the ancient Daintree Rainforest, there's an abundance of things to do both in and around the Daintree Ecolodge. Use the lodge as a base to discover the region's wonders, such as the mighty Daintree River, iconic Great Barrier Reef, Cape Tribulation, the tropical town of Port Douglas, and the hidden gem of Mossman Gorge.

You can also enhance your experience with our on-site activities (fees apply)...

- A Walk Through Time - Guided rainforest walk
- Yoga classes
- Daintree Cocktails Masterclass
- Indigenous basket weaving
- Cooking classes with native ingredients (*available soon*)



DAINTREE ECOLODGE

AMENITIES

Daintree Ecolodge, situated in the heart of the magnificent Daintree Rainforest, offers luxury boutique accommodation in a breathtaking location. Our sustainable rainforest retreat has just 15 eco-friendly bayans nestled within an awe-inspiring setting that will revitalise all your senses and enable you to reconnect with nature.

- ❖ Lodge social hub & reception
- ❖ Daintree Wellness Spa
- ❖ Swimming Pool
- ❖ Julaymba Restaurant - Breakfast, lunch & dinner
- ❖ Natural Swimming Hole
- ❖ Complimentary Wi-Fi
- ❖ Daily classes & activities available
- ❖ Rainforest walking trails
- ❖ Bar - Open daily from 10am
- ❖ 24-hour Fitness Centre

Please note: Additional fees apply to all items marked with an asterisk (*). It pays to book any activities in advance, as space is often limited. This itinerary is just a guide and the Daintree Ecolodge team can help guests plan the ideal getaway.