

# DAINTREE ECOLODGE

An Intrepid Company



## 6 THE DAINTREE ADVENTURE DAYS



We are excited to share our tips on how to get most from your 5-night stay. We've included activities that feature the oldest tropical lowland rainforest on Earth, while still making sure you have time to take it easy and indulge a little in the stunning natural surrounds.

Arrive at Daintree Ecolodge and immerse yourself in the experience. In your new rainforest home you'll be perched in the canopy of the lush tropical greenery and surrounded by the fresh air and sounds of the rainforest.

The Daintree Ecolodge is a great base for exploring the UNESCO World Heritage-listed rainforest and Daintree National Park, that includes Mossman Gorge and Cape Tribulation. From waterfalls to boardwalks, you can tick off so many highlights and must-see sights with this suggested itinerary.

# 6 DAYS THE DAINTREE ADVENTURE

## Suggested Itinerary



### 1 DAY CHECK IN & CHILL OUT

**2pm onwards:** Arrive at Daintree Ecolodge and ease into relax mode. After checking in, you can chill out at the swimming pool or take a dip in our divine on-site waterhole.

Why not pre-order an Indulgence Platter\* in time for your arrival. Enjoy a selection of Australian cheese, charcuterie, antipasto, fruit, sweet treats and a bottle of premium Australian sparkling wine.

**4-5pm:** It's happy hour! Celebrate your first night in the rainforest & try our signature Daintree Defender\* cocktail at the bar.

**4-6pm:** Enhance your experience with an in-house activity, like our Daintree Cocktails Master Class\* or Indigenous Basket Weaving\*.



### 2 DAY BREATHE IN THE RAINFOREST

**6.30am – 7.30am:** Join a morning yoga class\* in a stunning setting at the Ecolodge.

**7.30am – 10am:** Your included a la carte breakfast is served, with a choice of dishes and tropical ingredients. Plus enjoy tea, juice and coffee, just the way you like it.

**10am – 11.45am:** Take a guided Rainforest Walk.\* Discover the Daintree Ecolodge's onsite waterfall on a leisurely stroll through the enchanting rainforest on 'A Walk Through Time.'

**12-2pm:** Julaymba Restaurant is open daily for a relaxing lagoon-side a la carte lunch\*.

You can also order a Picnic Hamper\* to enjoy lunch in a private spot on the property or take it with you when you go exploring. In the hamper you'll find a selection of Australian cheese, charcuterie, antipasto, prawns, wraps, fresh salad, seasonal fruit and soft drinks.

**4pm – 6pm:** A Sunset River Cruise\* is a stunning way to end the day and the starting point is just 5 minutes from the Ecolodge. Cruise the Daintree River to see an amazing array of wildlife and maybe even crocodiles.

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Photo credit: Cassowary Falls Adventure

### 3 DAY EXPLORE CAPE TRIBULATION

**7.30am – 10am:** Breakfast at the Ecolodge. Choose another delicious dish from the menu and get the day off to a great start with a refreshing tea or invigorating coffee.

**Cape Tribulation Day:** Take the day to explore 'Cape Trib' at your leisure. If you've got a car, it's about a 45-minute drive from the Ecolodge. Local tour operators also offer sightseeing from pick-up points nearby. Here are our tips for great local activities in the region...

Rainforest Zipline Tour

Cape Trib Horse Rides

Exotic Fruit Tasting

Ocean Safari Reef Cruise

Daintree Ice Cream Company

**5.30pm onwards:** Indulge with a private Dining in the Rainforest\* experience that's served on a pontoon on the edge the lagoon. Pre-book a personalised 6-course degustation menu that features seasonal produce and native ingredients in the most intimate setting.



### 4 DAY EXPERIENCE CASSOWARY FALLS

**7.30am – 10am:** Another glorious start to the day with the included breakfast.

**10.30am-12.30pm:** Join a Cassowary Falls adventure tour\*. It's one of the most popular activities that the Daintree Ecolodge team can book for you and includes an all-action ATV ride, crossing creeks and rivers with jaw dropping views. A highlight is swimming at the stunning Cassowary Falls, one of the few places it's safe to swim in the Daintree (no crocodiles here). You can also feed fish, eels and turtles on this fun local experience.

**2pm:** Hook-a-barra\* at the local barramundi farm, just 10-minutes from the Ecolodge, or go fishing in the Daintree River with a local guide\*.

**4-5pm:** Continue the holiday vibe at happy hour. Shout yourself cocktails crafted with native ingredients or celebrate your rainforest immersion with a glass of bubbles. The lodge bar is open from 10am daily.

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### 5 DAY RELAX IN THE RAINFOREST

**7.30am – 10am:** Enjoy a relaxing day, starting with a leisurely à la carte breakfast.

**10.30-11.30am:** Take a self-guided walk. We have three trails to explore at your own pace. Baral Marrjanga, or the "Rainforest Trail", is an easy-moderate walk. The Intrepid Trail is rated moderate due to the steeper climb and the third trail is popular for the variety of trees.

**Morning or afternoon:** Join a Walkabout Cultural Adventure\* to experience the cultural connection that Kuku Yalanji people have with their land on a full or half day tour.

**1pm – 2pm:** Book in a spa treatment\* with Australian native botanical ingredients.

**4-5pm:** It's time for a pre-dinner cocktail during happy hour.

**5.30pm onwards:** Dinner is served at the acclaimed Julaymba Restaurant\*. The à la carte dinner menu rotates over two days and showcases sustainable produce from the onsite vegetable garden and surrounding farms.



### 6 DAY AMAZING MOSSMAN GORGE

**7.30am – 10am:** Wake to the sounds of the rainforest and enjoy one more delicious included breakfast at the Ecolodge.

**10am:** It's time to check out of your bayan this morning. We hope you've loved your treehouse experience.

**Mossman Gorge:** It's just a 30-minute drive from the Ecolodge. Explore this stunning area and swimming hole at your own pace, or book a great local tour\*, like the Dreamtime Walk or River Drift Snorkelling.

**Please note:** Additional fees apply to all items marked with an asterisk (\*). It pays to book any activities in advance, as space is often limited. This itinerary is just a guide and the Daintree Ecolodge team can help guests plan the ideal getaway.